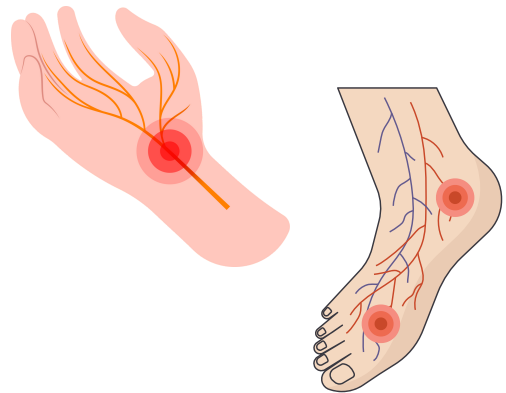
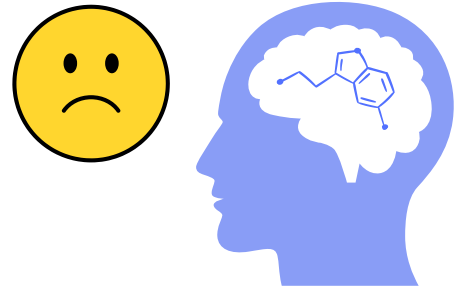
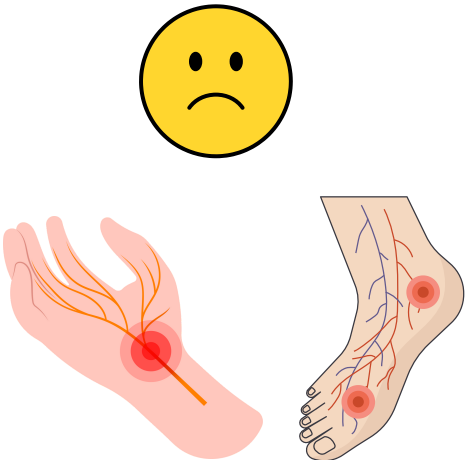
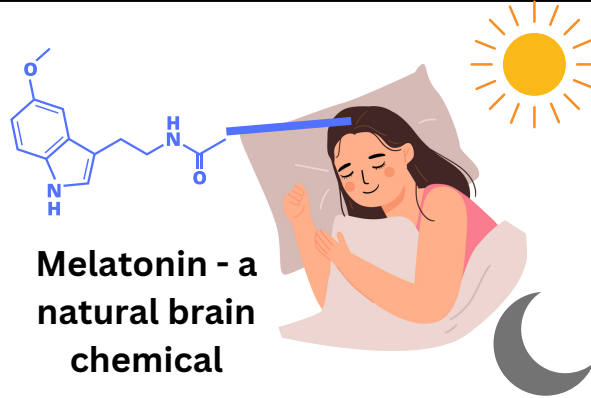


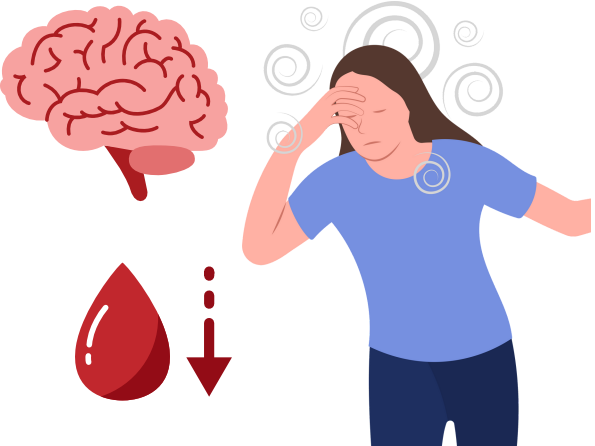
Medicines for people with MJD

When people with MJD visit the MJD clinic, the doctor might recommend that they take medicines. Different people with MJD may have different medicines. Some medicines get used to help with more than one health problem .



Name	What it is used for in MJD
Baclofen	To help muscle spasticity, cramps or spasms Spasticity is when your muscles can't relax. Cramps and spasms are when your muscles get tight, especially in your legs at night. These can pain a lot. This medicine helps to relax your muscles and reduce the spasticity, cramps, and spasms. 
Lyrica (pregabalin)	To help with pain from nerves Nerve pain is often sharp, or feels like stabbing, or electricity, or feels very hot. For nerve pain we don't use usual pain medicine like Panadol, we use special nerve pain medicine like Lyrica. 

Name	What it is used for in MJD
Lexapro (escitalopram)	To help with feeling sad There are natural chemicals in your brain normally. If there are not enough of the chemicals then you can feel sad. This medicine helps the brain get more of the natural chemicals, so you don't feel so sad. 
Cymbalta (duloxetine)	To help with two things: 1) Feeling sad: You can feel sad if there are not enough of some natural chemicals in your brain. This medicine, like Lexapro, helps your brain to get more of the natural chemicals. 2) Pain from nerves: Pain that comes from nerves and is often sharp, hot, or feels like stabbing or electricity. This medicine, like Lyrica, helps with this. 
Melatonin	To help with sleep Melatonin is naturally in your brain and it helps you fall asleep. If you do not have enough melatonin, then we give you some as a tablet to help with your sleep.  Melatonin - a natural brain chemical

Name	What it is used for in MJD
Florinef (fludrocortisone)	For when you get dizzy when you stand up If you stand up and not enough blood goes to your brain you can feel very dizzy and even fall over. This medicine helps make sure that even when you stand up there is enough blood going to your brain, so you don't get dizzy. 
Ditropan (oxybutinin)	To help with overactive bladder The bladder is where your body puts your urine/wee. Often in MJD, the brain and bladder do not talk well so you feel like you have to go have a wee very quickly, have trouble holding in the wee, or feel like you can't get all the wee out. This medicine helps your bladder talk better to the brain, to help reduce these problems. 