

MEET THE ATAXIA CLINIC TEAM

There are many different people who can help you with the different changes you may notice with MJD. Here we explain what these people can help you with when you see them.



PHYSIOTHERAPIST

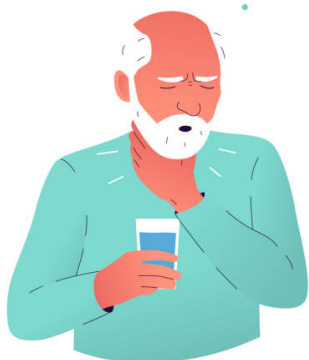
- Physiotherapists help you if you have trouble walking and balancing
- Physiotherapists help you move and walk better, so you can do things on your own



OCCUPATIONAL THERAPIST

- Occupational therapists can help make your home and work safe so you don't fall
- They can help set up a wheel chair for you and can find the right kind of cutlery or cups for you if you have trouble with your hands

SPEECH THERAPIST



- Speech therapists can help make your speech better
- They can help you if you feel tired when you talk because you use lots of air
- They can help you swallow better when you eat and drink

PSYCHOLOGIST



- If you are feeling sad or worried you can talk to a psychologist
- They can listen and teach you ways to feel more positive and motivated
- They can help you feel strong and supported while living with MJD

NEUROPSYCHOLOGIST



- Neuropsychologists can help you if you are having trouble with your thinking or memory
- They can do tests to check if MJD is changing your memory or thinking
- They can teach you new ways to help with your thinking and memory so you stay strong and independent



SOCIAL WORKER

- Social workers help you understand your rights about health issues
- They can help you with finding a home and finding you help to getting to places
- They can help you apply for the National Disability Insurance Scheme (NDIS)



PSYCHIATRIST

- Psychiatrists can help you if you are feeling sad or worried
- They can give you medicines to make you feel less sad or worried
- Read our MJDhub medication handout to learn about these medications



NEUROPSYCHIATRIST

- Neuropsychiatrists can help you if you are having trouble with your thinking or memory
- They can do tests to check if MJD is changing your memory or thinking